

THIS YEAR GIVE THE  
MOST PRECIOUS GIFT

**LIFE**

**ARRIVE ALIVE**

*Festive Season Safety Tips*



Brought to you by [www.arrivealive.co.za](http://www.arrivealive.co.za)  
in partnership with [www.miningsafety.co.za](http://www.miningsafety.co.za)





# ROAD SAFETY TIPS FOR THE FESTIVE SEASON

- 1 - **Obey the rules of the road** and carry your drivers license with you.
- 2 - **Plan** the route to your holiday destination and give yourself enough time to reach the destination
- 3 - Make sure that your vehicle is in a **roadworthy** condition before departure. All lights and indicators, windscreen wipers, brakes, steering, exhaust system and tyres should be carefully examined for faults.
- 4 - Do **not overload**.
- 5 - Try to **avoid** driving after dark if possible.
- 6 - Have a good **rest** before you embark on your journey
- 7 - Take **safety breaks** every 2 hours or 200km
- 8 - **Do not drink and drive**
- 9 - Try to **recognize** potentially dangerous drivers on and pedestrians alongside the road and keep well clear of them
- 10 - **Be visible** – drive with your lights on
- 11 - **Headlights** should be dipped well before an approaching vehicle is within range of the main beam.
- 12 - Always wear your **seat belt** and see that everyone in the car is wearing theirs.
- 13 - Drive **defensively**
- 14 - Stay within the **speed limit** at all times
- 15 - Only overtake when it is absolutely **safe** to do so
- 16 - Maintain at least a 2 second following **distance** - this distance should be increased at night, in foggy or rainy conditions and when the road is wet.
- 17 - **Expect** others not to be as obedient to the law as yourself
- 18 - **Be courteous** towards fellow road users - keep your temper and resist the temptation to retaliate

**Share these suggestions with your family and friends – And may you and your family have a happy and safe festive season!!**

**[Advice from [www.arrivealive.co.za](http://www.arrivealive.co.za)]**

# WHAT DO I DO IN AN EMERGENCY?

## **Know the Emergency numbers**

**Police:** 10111  
**Ambulance:** 10177  
**Emergency:** 112  
**ER24:** 084 124  
**Netcare911:** 082 911

## **Where do I report Bad Driving?**

National Traffic Call Centre Number : 0861 400 800

## **Assist Emergency Response Units by**

- Ensuring they have information on hand when calling - accurate address details and nature of the incident.
- Landmarks are useful and if no street names exist, agree on a meeting area at a specific landmark.
- Allowing emergency vehicle right of way to respond to the emergencies and giving way timeously.
- Allowing access to the scene of the incident and patient/s.
- Send someone to meet the vehicles, ensure that security at entrance points are made aware of emergencies in complexes,
- Switch on some outside lights if incident is at night
- Clear access routes and lock away any dangerous or vicious domestic animals.

## **Help is at Hand!**

**Road Safety Information on your Mobile phone – [www.arrivealive.mobi](http://www.arrivealive.mobi)**

## **Information on:**

- Treatment at scene
- Emergency Response
- Legal Duties
- Vehicle Recovery
- Tourist Tips
- Planning Your Trip
- Your Vehicle
- Passenger Safety
- Avoiding Hijacking
- Avoiding Pedestrians
- Driver Fitness
- Avoiding Road Rage
- Fatigue
- Windscreen Safety
- Drunk Driving

**THIS YEAR GIVE THE  
MOST PRECIOUS GIFT**

**LIFE  
ARRIVE ALIVE**

*Festive Season Safety Tips*



Brought to you by [www.arrivealive.co.za](http://www.arrivealive.co.za)  
in partnership with [www.miningsafety.co.za](http://www.miningsafety.co.za)